

Child Development Centre Referral Guidelines - When should I refer to CDC?

FOR PRESCHOOL CHILDREN AGED 0 TO SCHOOL ENTRY

Refer when there is:	
<p>1. Significant parent/caregiver concern about child's development <u>and</u> developmental concerns from other agencies involved with the child.</p>	<p>These concerns include delayed developmental progression in <u>two or more</u> of the areas listed here:</p> <ul style="list-style-type: none"> • Communication skills – difficulty communicating what they want or understanding what's being communicated to them • Social/play skills – not playing or interacting with others/toys as you would expect a child of this age to be doing • Conceptual skills – problems with thinking and problem solving skills • Significant language delay – problems with speech or understanding language • Fine motor skills – difficulties with using the small muscles of the body for things like holding a spoon or picking up small objects • Gross motor skills – problems with using the large muscles of the body for things like running, sitting, crawling and jumping • Self-care skills – difficulties with activities like toileting, dressing and feeding • Restricted/repetitive behaviours – has set rituals or routines and changes to these cause upset, or unusually strong interests in particular topics/toys/objects etc. • Difficulties with swallowing and/or eating <p>For further information on child development please refer to: http://www.cdc.gov/ncbddd/actearly/milestones/index.html</p>
<p>OR</p> <p>2. Gross motor delay but no other developmental concerns.</p>	<p>For example, not sitting, crawling or walking as/when expected for age of development.</p> <p>Please note, if you are concerned about torticollis (stiff or tilted neck due to shortened neck muscle - check) or plagiocephaly (flattening of the head) please read this information before referring * (link to torticollis/plagiocephaly information)</p>

<p>OR</p> <p>3. A diagnosed disability needing to access specialist CDC services such as Paediatric services, Splinting clinic, Orthopaedic Clinic, Feeding Clinic, Soiling Clinic or equipment.</p>	<p>Please read the following information before referring for these services: http://www.waikatodhb.health.nz/directory-of-our-services/waikids/child-development-centre/our-services/</p>
<p>OR</p> <p>4. Child with vision and hearing impairment and with additional developmental delays/concerns (as per 1.)</p>	
<p>OR</p> <p>5. Child with significant medical history/ medical condition(s), who has developmental delays/concerns (as per 1.)</p>	

Where to refer pre-school children with other concerns:

Concern:	Refer to:
Attention Deficit Hyperactivity Disorder/Attention Deficit Disorder (ADHD/ADD) and no developmental concerns	Paediatric Medicine, Waikato DHB
Behaviour problems (mild) with no developmental concerns	Parent Education programmes (e.g. Incredible Years)
Behaviour problems (severe) with no developmental concerns	Nga Ringa Awhina for access to Infant, Child and Adolescent Mental Health (ICAMHS)
Speech delays, with no other developmental concerns	Ministry of Education, Sector Enablement and Support (previously Special Education) or private speech therapy
Soiling or wetting problems for children under 4 years old	Paediatric Medicine, Waikato DHB

Referral information

CDC accepts referrals from health services, education services and community/welfare agencies.

- The referral must be written with the knowledge and consent of the child's parents/carers.
- Referrals must be in writing, clearly describing the developmental concerns and supported with any other reports or information.

Referrals can be made by using our referral form –

<http://www.waikatodhb.health.nz/assets/directory-of-our-services/Waikids/Child-Development-Centre/CDC-Referral-Form-July-2014.pdf>

Referrals should be posted or faxed to:

Referral Coordination Centre
Waikato Hospital
Private Bag 3200
Hamilton 3240

Fax: 07 839 8817

To discuss a referral further, please contact Child Development Centre, 07 839 8709

Referral process – what happens once your referral has been sent?

Referral logged on to DHB computer system

- You may be asked to clarify details on the referral (e.g. name, date of birth, NHI number)

Referral sent to Child Development Centre (CDC)

Referral reviewed by CDC intake (triage) team who meet weekly to review all referrals

Decision made by CDC intake team. The referral may be:

- Sent back to you requesting further information
- Accepted - placed on the CDC list for the most appropriate clinic. You will be sent a letter to advise you of this
- Declined as it does not meet our criteria. You will be sent a letter to advise you of this and we will always try to provide alternative suggestions to help
- Redirected - we may redirect the referral to a more appropriate service within the DHB. You will be sent a letter to advise you of this