

News@theLibrary

Poutū-te-rangi March 2024

Library Hours

Mon-Fri 8am-5pm
Sat noon-4pm
Library is closed on Sundays and public holidays

Apply for afterhours access

Easter—Closed

Fri 29 March - Mon 1 April. Normal hours resume Tues 2 April.



Contact the Library

Phone: 07 8398880

Ext: 98880

<u>library@waikatodhb.health.nz</u> Library hub

Inside this issue

- UpToDate, the app
- ClinicalKey, emergency medicine
- <u>Māori healing and psychiatry</u> in NZ
- Anxious about <u>APA</u> referencing?
- · Nursing research, paradigms
- Surviving <u>cancer in NZ</u>
- NZMJ, subscribe to get free access
- · Collaboration without burnout
- Help your <u>overwhelmed</u>, <u>stressed-out team</u>
- · Evidence based care sheets
- Ebooks
- New books

Te Whatu Ora

Health New Zealand
Waikato

Clinical decisions on the go - UpToDate

<u>UpToDate</u> is an online resource chosen by clinicians worldwide. As a healthcare professional, you make clinical decisions on the go — outside a patient's exam room, moving between departments, heading to the lab, or fielding questions at home.

Approximately a third of all daily searches on UpToDate worldwide are conducted on a mobile device.

Get <u>UpToDate</u> on your mobile device, for trusted support you need, when and where you need it.

Find UpToDate on the Library hub

(intranet) on your work computer. Click on Register on the top toolbar and complete the online registration form. Follow the instructions in the confirmation email.

Emergency Medicine-clinical decision support

Find access to trusted answers and deep insights to support clinical decisions.

Explore the resources available on the <u>Library hub</u>, including <u>UpToDate</u> and <u>ClinicalKey</u>.

Search <u>ClinicalKey</u> to find comprehensive answers from authoritative sources, including **renowned journals** in your field.

You need to be prepared for anything!

Plus top books:

- Rosen's Emergency Medicine
- Roberts and Hedges' Clinical Procedures in Emergency Medicine and Acute Care
- · Auerbach's Wilderness Medicine
- · Ciottone's Disaster Medicine
- Pediatric Emergency Medicine Secrets

And 60+ procedure videos with accompanying step-by-step text

Watch these short (1 minute) videos showing ClinicalKey being used at the point of care in different scenarios.

Quick answers plus deep reference >> Fast answers for critical moments >>

The Conflict Resolution Toolbox

THE CONFLICT
RESOLUTION
TOOLBOX
Models and Maps for Analyzing.

Recommended by readers!

For mediators, negotiators, managers, and professionals at all levels how to simply and effectively assess conflict situations and choose the right tools to resolve the issue in a meaningful way.

Request this book

Surviving cancer more likely if you live in Australia than NZ?

Read the Radio NZ news item



Auckland University cancer epidemiologist Professor Mark Elwood, has analysed New Zealand's cancer outcomes in an editorial in the NZMJ.

Request the editorial "Cancer outcomes in New Zealand and other countries: how are we doing?"

NZMJ—subscribe to get free access

New Zealand Medical Journal

NZMJ now offers free open access for all individuals that subscribe to the journal, giving 24/7 access to content from 1999 to present.

Subscribe to NZMJ.

Te Whatu Ora

Health New Zealand

Waikato

Māori healing and psychiatry in NZ

"Partnerships between Indigenous healers and psychiatrists are possible and can offer Indigenous people access to main stream psychiatric care alongside healing methods indigenous to their culture of origin."

Authors, Wiremu NiaNia and Allister Bush, "...outline their perspectives on the context and the partnership.

The case of a Māori teenager with pseudo-seizures and voice-hearing is described to illustrate the partnership in action."

"...possible psychiatric explanations I considered for his predicament included psychosis, perhaps secondary to his substance use; a dissociative disorder; or an organic problem such as temporal lobe epilepsy.

Wiremu's view was that George had a Māori spiritual problem. He considered that a Māori spiritual solution was likely to resolve it. Together we were able to discuss both perspectives with the family..."

Request the article "A partnership between Māori healing and psychiatry in Aotearoa New Zealand". BJPsych International, May 2023.

Anxious about APA referencing?

To reduce your APA anxiety follow these tips.

- Have a strategy for managing your citations and references— before you start writing! You don't want to be finishing off your assignment to discover you don't know the source of a critical idea you've used!
- Use your tertiary institution online APA guides and tools. Check out Auckland University's QuickCite tool.
- Not sure how to reference a particular source? <u>Check our guide</u>, the guide provides examples of how to reference our library resources.
- Something really tricky? Email the <u>APA Style experts</u> or check out the APA Style Blog.

Before you do your nursing research...

The specific question that you are trying to answer should guide the way your study is designed and conducted.

Liz Halcomb discusses the role of paradigms in research and urges readers to consider the philosophical roots of their study as they engage in its design, conduct and report their research. This brief commentary explains research paradigms using the evaluation of ice cream as an example.

Request <u>"How an understanding of paradigms can improve the quality of nursing research".</u>

Nurse Researcher 2018



New Books

High performance habits : how extraordinary people become that way



Fish's clinical psychopathology : signs and symptoms in psychiatry



Children's speech sound disorders



Trauma in children and young people : reaching the heart of the matter



Wound care manual 8th edition

a comprehensive and practical reference for nurses, doctors and allied health professionals working in the acute, and wound chronic



Collaboration without burnout

"Efficient collaborators think carefully about their areas of expertise and determine when they do, or don't, have value to add."

Request the article <u>"Collaboration</u> <u>without burnout"</u> for excellent tips on strategic self-management to keep you from getting overloaded



Harvard Business Review Special Issue, Spring 2024.

Help your overwhelmed, stressed-out team

Is your team stressed out?

"These days, everyone seems overwhelmed and way too busy. But even when your team members have a lot on their plates, they don't have to sacrifice their health or happiness. What can you do to reduce your team's stress? How can you help them focus on what really needs to get done?"

Request the article <u>"Help your overwhelmed, stressed-out team"</u> for helpful tips on what you can do to help your team.

Harvard Business Review Special Issue, Spring 2024.

"... help your people cut through the chaos, reduce stress, and make sure your team can accomplish its most important work..."



Evidence based care sheets - CINAHL

<u>CINAHL Complete</u> is an online resource for nurses and nurse researchers. Find CINAHL on the <u>Library hub (intranet)</u>. This resource is also available offsite, <u>contact the Library</u> for more information.

Click on Evidence-Based Care Sheets on the green toolbar, search or browse for your topic.

Evidence-Based Care Sheets (EBCS) are summaries on specific key topics, which are focused on nursing practice. Each sheet incorporates the latest evidence, statistics, research and references on a given topic.

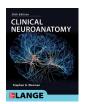
The sheets are easy to read, bullet pointed information under headings e.g. "What we know" and "What we can do"



New and popular ebooks

Clinical Neuroanatomy 30th edition

"... You'll learn everything you need to know about the structure and function of the brain, spinal cord, and peripheral nerves. This authoritative guide illustrates clinical presentations of disease processes involving specific structures, explores the relationship between neuroanatomy and neurology, and reviews advances in molecular and cellular biology and neuropharmacology as related to neuroanatomy.,,"



Text and Atlas of Wound Diagnosis and Treatment 3rd edition

"...delivers outstanding visual guidance and clear, step-by-step instruction on caring for patients with wounds. Packed with hundreds of full-color illustrations and clear, concise text, this unique learning tool provides thorough easy-to-understand coverage of evidence-based concepts of would treatment..."



Positive Psychiatry, Psychotherapy and Psychology: Clinical Applications

"... Instead of using disease to understand health, positive psychology studies the components of a good life and helps people not only avoid mental health problems but develop happiness. The work done in positive psychology is now at a point where applications are being developed in positive psychotherapy and extended to those with psychiatric diagnoses in positive psychiatry..."



Neuro-Ophthalmology

"...presents 50 clinical cases, both commonly and rarely occurring, collected by experts in the field. Each case is presented as a diagnostic and management challenge as found in clinical practice..."



Smith and Nesi's Ophthalmic Plastic and Reconstructive Surgery

Fully updated and revised edition of Smith's Ophthalmic Plastic and Reconstructive Surgery. Comprehensive text with detailed chapters that cover all aspects of the subject matter. Hundreds of images over eleven sections.



A Clinician's Pearls & Myths in Rheumatology

Debunks false myths that have influenced clinical practice. Examines the nuggets of wisdom, pearls gained from collective clinical experience.



Regional Nerve Blocks in Anesthesia and Pain Therapy

Covers a broad range of regional anesthesia and pain intervention techniques, including neuromodulatio



The Knee Made Easy

Includes key diagrams, clinical photographs and radiographs to illustrate common procedures on the knee. Offers step-by-step guidance for assessing, diagnosing and treating knee disorders in clinical practice. Written by an orthopaedic surgeon with an extensive experience in the field



Te Whatu Ora

Health New Zealand

New books request a new book

Title	Author	Classification
Child & youth mental health and addictions service : implementation plan		WM30 .C536 2007
Children's speech sound disorders	Bowen, Caroline.	WL340.2 .B786 2023
Courageous Well-Being for Nurses: Strategies for Renewal		on order
Dialectical behaviour therapy : programme evaluation	Brassington, Jan C.	WM425 .B823 2002
Essential Paediatric Surgery: A Practical Guide		on order
Evidence-based practice of palliative medicine.	Goldstein, Nathan E, Woodrell, Christopher D, Morrison, R. Sean	WB310 .E93 2023
Feedback informed treatment : what we can learn from the experts	Kennedy, Carole	WM400 .K25 2018
Final report for the management of metastatic prostate cancer study	Lawrenson, Ross., Brown, Charis., Scott, Nina.	WJ762 .A898 2014
Fish's clinical psychopathology : signs and symptoms in psychiatry.	Casey, Patricia. Kelly, Brendan	WM141 .F532 2024
Handbook of minimally invasive colorectal surgery	Mishra, Nitin, Saleem, Abdulaziz M	WI650 .H236 2024
High performance habits : how extraordinary people become that way	Burchard, Brendon	BF637 .S8 B947 2017
Infection control and management of hazardous materials for the dental team	Miller, Chris H	WU29.5 .M647 2023
Living with Health Inequalities: Upstream-Downstream Connections		on order
Master of change : how to excel when everything is changing including you	Stulberg, Brad	BF637 .S934 2023
Mental health & addictions services : operating plan 2005- 06		WM30 .M549 2005
Mental Health clinical services plan 2001-2004		WM30 .H434 2001
Models of care : mental health and addictions service : critical review of current service delivery		WM30 .M689 2004
Oncology: an introduction for nurses and healthcare pro- fessionals	O'Halloran, David	WY156 .O192 2024
Oxford Handbook of Clinical Medicine		on order
Research methods in health : investigating health and health services	Bowling, Ann.	W20.5 .B787 2023
Teaching in nursing : a guide for faculty	Billings, Diane McGovern,, Halstead, Judith A.,	WY18 .T253 2024

Te Whatu Ora

New books request a new book

Title	Author	Classification
The Literature Review: 6 steps to success		on order
The Maudsley Describing Guidelines: Antidepressants, Benzodiazepines, Gabapentiniods and Z-drugs		on order
The Midlands Prostate Cancer Study : understanding the pathways of care for men with localised prostate cancer	Lawrenson, Ross., Brown, Charis., Obertova, Zuzana., Lao, Chunhuan., Conaglen, Helen.	WJ762 .A898 2014
Therapeutic uses of cannabis		QV77.7 .B862 2019
Trauma in children and young people : reaching the heart of the matter	Bradley, Christine, Kinchington, Francia	WM172.5 .B811 2024
Treatment of scars from burns and trauma	Alam, Murad,, Dover, Jeffrey S.,, Waibel, Jill, Arndt, Kenneth A.,	WO704 .T784 2021
Wound care manual	Carville, Keryln	WO700 .C331 2023